



STONYHURST

Language School

SPORTS & ACTIVITIES PROGRAMME

On Arrival

All students will be introduced to the Director of Activities and her team, who will explain the programme of activities for the course and how to sign up for the activities in which they wish to participate. The weekly activity programme will be displayed in the student areas and will be circulated to students upon arrival.

Sports and Activities Available

Students will experience a wide range of sports and activities which are designed to be fun and enjoyable no matter what their ability level. A student may have the opportunity to participate in a sport or activity that they have never done before. The programme could include the following sports:

Swimming *	Horse Riding **	Netball
Archery	Mountain Biking	Handball
Shooting Range	Tag Rugby	Observatory
Tennis *	Golf *	Badminton
Ultimate Frisbee	Soccer	Kwik Cricket
Paintballing	Basketball	Arts & Crafts

*Qualified tuition available for an extra fee ** Horse Riding incurs an extra fee

Activity Leaders and Supervision

Experienced Activity Leaders and coaching staff will be heading the groups during the wide range of sports and activities on offer. Health and Safety are given the utmost priority.

Evening Entertainment

Evening activities give the students a chance to socialise and interact with others of different nationalities and backgrounds in a relaxed and informal environment. Each evening there will be something a little different to keep the children entertained, such as:

Movie Night	Casino Evening	Circus Skills
Girls/Boys Night	Bingo	Arts & Crafts
Lip Sync Battle	Bungee Run	Blind Date
Swimming Gala	Treasure Hunt	Talent Show

Facilities

The College has modern, on site facilities including competition-sized, indoor heated swimming pool, 9-hole golf course, indoor tennis dome, outdoor floodlit all-weather pitch, large indoor sports hall, tennis courts, extensive playing fields, shooting range and archery equipment, observatory, fishing ponds, library, recreation rooms and computer suites.

Excursions

Each 2-week course has 2 full day and 2 half day trips. An example of some excursions are, visiting the best roller coasters in the country, experiencing the outdoors with tree climbing, skiing in a real snow indoor snow centre and visiting some of the country's finest shopping centres.

Stonyhurst Language School

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